



Fly 2 Fitness

CHEER-O-GRAMS

Give a shout out to the jogger(s) you are supporting.

The SMMS Cheerleaders will be delivering Cheer-O-Grams the morning of the Jog-A-Thon.

Write a simple message on the Gram(s) below, pay \$2.00 per Gram or \$10.00 for this whole sheet (5 Grams total) and give your jogger(s) the extra boost they need that morning!

Perfect for friends, siblings & classmates, too!

Eagle
CHEER-O-GRAM



To: _____

Grade: _____

From: _____

Eagle
CHEER-O-GRAM

Eagle
CHEER-O-GRAM



To: _____

Grade: _____

From: _____

Eagle
CHEER-O-GRAM

Eagle
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To: _____

Grade: _____

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Eagle
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To: _____

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To: _____

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CHEER-O-GRAM